



# PSYCHIC HORIZONS CENTER

*follow your own path*

Volume 15, Number 3

www.PsychicHorizonsCenter.org

April - May 2010

## FREE HEALING CLINICS

- Tuesdays, 5:00-6:30pm  
Psychic Horizons Center  
450 Ord Drive, Boulder
- Wednesdays, 11am-1pm  
Sunflower Market  
2525 Arapahoe, Boulder
- Wednesdays, 6pm-7:15pm  
Cafe Isabel  
6050 W. 92nd Ave., Westminster
- Second Thursday of each month.  
6:30-8:30. *Channeling followed  
by Trance Medium Healings.* \$10.  
Psychic Horizons Center  
450 Ord Drive, Boulder

Healings are first come, first served,  
and are 10-20 minutes in duration.

Call 303-440-7171 for more info.

## Meditative Church Service Free Healing Clinic

Our nondenominational Church  
of Inner Light provides a space  
to renew your spiritual focus for  
the coming week.

Join us at 10:30am the second  
Sunday of each month. Sunday  
School is also available. Healing  
clinic and pot luck follows.

Call 303-440-7171  
for more information.



Founders and directors of Psychic Horizons Center  
and Church of Inner Light, Mary Bell Nyman (left)  
and Hope Hewetson.

## *A View of Hope*

### Release control

Letting go of control. How eager  
are we to do that? Not so much! We  
want to control it all! But notice that  
the big changes we see on the planet  
demonstrate that we are not in control  
of this show.

We think having insurance or  
enough money in the bank puts us in  
control of something. But what if the  
money system collapses or insurance  
companies go under? What if your  
house is suddenly worth nothing?  
What is certain in this world? Do you  
really know your bank will be open  
tomorrow? Do you know that your  
town will exist tomorrow? I'm sure the  
people in Haiti thought theirs would.  
Do you really know anything?

Not when it relates to the physical  
world. It's crazy to try and control it.  
To have peace in this world- a peace  
that passeth all understanding- it is  
inevitable that we surrender to God, to  
Love, to a higher power, and release  
the false security coming from our  
little minds. We are shifting into a new  
paradigm, and we are being asked to  
surrender over to Divinity every last  
belief that there is anything outside of  
ourselves that will bring us peace.

Let go of your history and "what was"  
and create from now. What happened  
in the past is not relevant anymore.  
We are creating from present time,  
not based on karma, or past events.  
We are creating from our dharma, our  
spiritual truth. From Love.

We are being presented opportunities  
to forgive and surrender and let go  
of past grievances, and react from  
our hearts. Just look at the health  
care issue. It seems like a no-brainer.  
Everyone is cared for. Can't get  
more loving than that! Yes there  
will be challenges to a new system,  
and we are indeed walking into the  
unknown-although we do have about  
6 established universal health care  
models to learn from, between Japan,  
European nations and Canada.

But as long as the fear of losing control  
of the money is greater than the loving  
solution of all Americans being cared  
for, there is no growth. It takes courage  
to trust in a greater process that  
involves the heart.

We are really good at wanting to stay  
in the drama of our past. Recently  
our computer had a melt down and  
we could have lost all of our audio  
files. That's a lot of teaching data. I  
took a deep breath and saw a possible  
physical example in my life of letting  
go of history and starting over. It felt  
very peaceful. I noticed later that I  
had a voice in my head goading me  
to feel more upset and worry about  
something - how about potential lost  
revenue? But it was extremely short-  
lived. I was amused at the power of  
the ego, and it's ability to try and get  
me, the wise soul, to feel guilty about  
experiencing peace that passeth all  
understanding during a computer

*continued on page 5 . . .*

## About Us

Located for 15 years in Boulder, we are a spiritual sanctuary for sensitive souls to  
safely access their wisdom and power within. Students learn how to see people for the  
soul essence of who they are. Students at Psychic Horizons Center become 24-hour  
psychics, walking in their power and helping the world to heal. 🌱



## Women's Grad Seminar

### RETURN OF THE GODDESS

Graduate Women, you are welcome to attend any class that interests you!

**April Topic** ~ Your Career and Workspace

**May Topic** ~ Female Body and Self Healing

Meets the first Saturday of the month,  
Saturdays **April 3 and May 1. 10am-2pm.**  
Cost is \$75 a month.

*Words to Grow by*

### Time to Awaken!

As souls, we are waking up on a mass level. Our consciousness is changing at a phenomenal rate, especially in the last 10 years. People are turning their search for meaning inward instead of outside of themselves. They are responding to the spirit part of themselves, and bringing their truth into conscious awareness.

At some point we all become aware that we have a choice in how to live our lives. We become dissatisfied with the rat race and the constant rush to get somewhere while eating plastic food in the car that doesn't even satisfy you up because it has no nutritional value. We tire of the constant pressure to be at a place that is unattainable and chasing money for who knows what. Things! When did they replace humanity?

Many are turning to community living and joining resources, growing gardens and supporting each other instead of spending fifty-plus hours in a job that no longer serves them. What are we killing ourselves for? So we can have more credit cards, more gadgets, and more things that isolate us and give us even less time with our families? No wonder there is a growing dissatisfaction within the world.

Even with health insurance many can't afford to use it! The world has gone crazy. Yet, it has to get so bad because then we all finally wake up and protest.

It can take a lot to get our attention and wake us up to the reality that we can choose to change how we envision our world and how we live. Do we want our grandchildren to have it even worse than us?

*continued on page 7*

## Women's Healing Sanctuary



Women, this is for you!  
Drop in on the **first Saturday of the month** for a healing and/or reading. Renew and give to yourself!

**Saturdays April 3 & May 1,**  
**1-2pm**  
**FREE**

## Pet Healings/Readings

Get your pet a reading and healing, **Offered Tuesdays at 6pm.** Receive communication on how your pet is doing, your agreements with your pet, past lives and more!



Call **303-440-7171** to schedule  
or email [hello@psychichorizonscenter.org](mailto:hello@psychichorizonscenter.org) \$25!



## Calling All Healers!

*Especially Trance Medium and One-to-One graduates and participants, but anyone from our classes is welcome!*

Heaven only knows where it will take us! Let's use our talents and be the bridge the masters can use. They don't have bodies and we do! Love your body and appreciate all it can do. *Join me please.*

Look at your life. Where can you make a difference? Listen to the calling of your heart. I discovered 30 years ago it wasn't about making money, but living your life's passion that makes life worth living. There isn't time to waste thinking. It's time to do it and let the Universe support you.

*You can make a difference.*  
**Stand up and shine!**

We will meet the first Friday of each month.  
Free.

**Fridays, April 2 and May 7, 7-8:30pm.**

*Hope to see you! Namaste!*  
**Mary Bell**



# Readings and Healings

TITLE	DESCRIPTION	TIMES	COST
1-Hour Psychic Readings	In an undergraduate reading, learn about past lives and receive communication on the seven layers of your aura. Undergraduate readers are currently in a one-year clairvoyant training program.	Undergraduate Wed: 7 pm Tues/Sat: 10	\$35
	In a graduate reading, bring a specific question or issue on which you would like communication. Graduate readers have been reading for a year or more. Call 303-440-7171 to schedule.	Graduate Thurs: 4:30 pm Tues. & Sat: 10 am	\$50
Long-Distance Readings	Long-distance readings are available from our graduate students. We will tape the reading and send it to you. Call 303-440-7171 or email us with your request at hello@psychichorizonscenter.org.		\$50
House or Business Healings	A team of house healers will come to your house and communicate with any spirits and move out foreign energies. This allows you to have your own energy in your home. This makes it more fun to live in or easier to sell. In a business healing, healers will clear your business space to promote its success and flow. Call 303-440-7171 to schedule.		House & Business healings: \$50 at Center, \$100 on site
Pet Readings	Receive communication and a healing for your pet. Call 303-440-7171 to schedule.	Tuesdays at 6pm	\$25
Free Healing Clinics	Free healings and readings at Sunflower Farmers Market, 2525 Arapaho in Boulder, 11am-1pm every Wednesday. Free healing clinic Tuesdays, 5-6:30pm. 450 Ord Drive in East Boulder. Free healing clinic Wednesdays, 6-7:15pm at the Cafe Isabel in Westminster, 6050 W. 92nd Ave., 80030. Call Hope, 303-530-0232 for Westminster information.		
Masters Level Healing	Graduate level spiritual healings and readings help you see what you are learning and make a shift. Call 303-440-7171 to schedule.	Thurs: 4:30 pm	\$50
	Trance Medium Healings offered the 2nd Thursday of the month.	2nd Thurs: 6:30pm	\$10
Professional Readings	Available from our directors. Mary Bell Nyman, 303-554-6465 or Hope Hewetson, 303-530-0232.		\$125 per hour

## Beginning Classes (Prerequisite: you are excited to evolve!)

All beginning level classes meet once a week for 6 weeks. See start dates below. The cost for a 6-week class is \$200.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
How to Heal Yourself	Take charge of your life and manage your career, family and relationships by learning simple energy tools. These tools put you on the path of developing your psychic abilities and recognizing your own energies. Taught by Terri Todd.	Tues: 7-9 pm	Tues. April 6
			Tues. May 18
1-Day How to Heal Yourself	Learn the tools of the How to Heal Yourself class in this one-day format. \$150. Taught by Lynn Swearingen.	Sat: 10 am - 4 pm	Sat. April 10 Sat. May 8

## Advanced Classes (Prerequisite: How to Heal Yourself class)

Clairvoyant Program meets for 12 months. Spiritual Healing program meets for 6 months. Cost: \$235 per month.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
<b>Clairvoyant Program</b>	Learn simple yet powerful tools to increase your intuitive awareness and sharpen your psychic abilities. Attract the job and relationships you desire. Go within to discover your own answers. Access your Akashic records, read past lives and clear auras. Heal yourself and others without giving away your energies. Meets twice a week. Also available in a weekend format. Taught by Hope Hewetson, Rachel Mudd, and Mary Bell Nyman.	Wed.: 7-9 pm for 5 weeks then you attend on Monday evenings.	Wed. April 7 and Wed. May 19
<b>Spiritual Healing Program</b>	Maintain and heal your space while helping others. Learn to distinguish energies and not give energy away to your clients. We will look at illness, Etheric bodies, soul retrieval, sound healing, past life influences and more. Meets twice a week for six months. Taught by Hope Hewetson.	Tues: 7-9 pm and you will do a healing once a week	TBA
<b>Animal Communication</b>	This 4-month class will teach you to heal and communicate with the animal kingdom. Read chakras, etheric bodies, past lives and more. Look at the agreements between pets and their owners and see what they are learning.	Tues: 7-9 pm (class) and Tues. 6pm for pet healing clinic	In session

## Graduate Classes (Prerequisite: 6 months or one year of clairvoyant program)

Class meets once a week. Student also reads during a designated graduate reading time: Thursdays 4:30 pm or Tuesday or Saturday mornings, 10 am.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
<b>Peeling the Onion</b>	Back to Basics begins Monday, April 12 and meets for 2 weeks. Kundalini begins Monday, April 26 and meets for 6 weeks. The next telephone class begins in May, see page 6. Taught by Mary Bell Nyman and Sydney Power.	Mon. 7-9pm	Monday, April 12
<b>Women's Graduate Program</b>	This class is for women who want to master their female creative energy and divinity and help the planet take a step! Meets the first Saturday of the month. \$75 a month. Drop ins welcome! Taught by Hope Hewetson.	Sat.: 10-2	Sat. April 3, May 1
<b>Men's Graduate Program</b>	Clear competition and family energies out of your space and better understand the mysterious female energies! Have more of your own awareness for creating your life, career, relationships and more. 6 months. Taught by Brian Hall.	Mon: 7-9 pm	TBA
<b>Minister in Training</b>	Create your own ministry for healing and serving others. Learn to do ceremonies and participate in our church services. Be grounded in trauma and counseling situations. Fulfills state requirements. 6 months. Taught by Mary Bell Nyman.	Mon: 7-9 pm	In session
<b>Teacher in Training</b>	Own your teaching space and be a teaching assistant in our classes at the center. Learn how to help people find their spiritual freedom and answers. Heal your past notions of teaching and learning. 4 months. Taught by Mary Bell Nyman.	Tues: 7-9 pm	TBA

# Classes on the Phone: only \$100 a month

*open to all*



Phone classes allow you to make changes in your life wherever you are! All classes are held on the phone for one hour.

Each 4-week class is \$100. They meet Wednesdays, at 6pm MST. All classes are available on cd for an extra fee.

Please call **303-440-7171** or see the website to find out more:

**www.PsychicHorizonsCenter.org**

**Moods and Emotions:** April 7-28

**Resolving Conflict in Relationship:** May 5-26

**Resistance:** June 2-30

*Taught by Brijanna Carbone.*

From home on your phone!

## One-to-One Students:

### LIVING HEAVEN ON EARTH SERIES

*(students and graduates of One-to-One only)*

Focus on bringing your one-to-one space into your daily life.



**SATURDAY, APRIL 10**

Owning Your Celebration Space. Clean out your havingness for celebration!

**SATURDAY, MAY 1**

Bring Your Truth to Conscious Awareness

**2nd Saturday of each month**

**10-11 am MDT**

Cost is \$30 per class, \$35 with a CD

*Taught by Mary Bell Nyman*

## *A View of Hope* continued from page 1

drama. Oh well, nice try old self! Not going to happen!

A friend's nonprofit company was recently sold. The new for-profit owners appeared out of the blue one day, all gung ho with their plan which included shortening the employee's vacation time and the new vision of the company: "We want to make a lot of money."

This friend is an old soul, watching a bunch of young souls come onto the scene, running their agenda based on control, greed and the physical world.

Take a deep breath, because we are going to see more of this, as the old paradigms try to cling to life even as they are falling to pieces. After you roll your eyes at the young souls and their love of competition and control, know that we have to hold space for them, love them and forgive them. (After all, we are them!)

Surrendering is so scary to us because it requires the belief that we are responsible for our experiences. We realize that the only way to heal our experiences and have the peace that passeth all understanding is to be responsible for loving all that is, equally, no exceptions. You will surrender when you take responsibility for your life and all that you see and create.

Surrender does not mean passivity or inactivity. It is the opposite. As you surrender and take responsibility for your life you are urged into the world in an ever more active role. But not as a victim. You are here as the creator of the world you envision. When you realize that the smallest of your thoughts affects the world, you become amazingly responsible. You become driven to welcome all that you see and experience because you have a chance to heal it back to love. Even taxes!

You gladly surrender to source, and say, "Not my will, but thy will be done." You take the ego out of the equation, and it is not happy because who gets the credit for all that you are responsible for, and all the extra joy that emerges? In our state of surrender, we see that it is all of Oneness, and within that Unity, no one gets the credit.

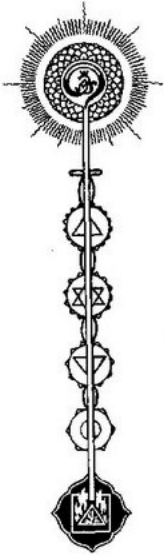
"In my dream, the angel shrugged and said, If we fail this time, it will be a failure of imagination and then she placed the world gently in the palm of my hand." (Imagining World by Brian Andreas)

Our classes are designed to help you, the soul, be in your body and be an active, loving part of creating this amazing world. Hope to see you! ♡

Rev. Hope Hewetson is director of Psychic Horizons Center. Contact Hope for a reading or healing at 303-530-0232 or revhopi@gmail.com

## Graduate Classes Available on the Phone

### *Kundalini Energy*



Clear, own and work with your kundalini energy.

Let it heal your space, from your health to your sexuality.

*Meets for 6 weeks*

**Monday, May 3 -  
Monday, June 14**

**5pm-6:30pm MST  
\$150 a month**

*There will be no class on Memorial Day*

**Taught by Mary Bell Nyman  
and Sydney Power**

## Graduate Classes Here at the Center..

Offered to graduates of the  
Clairvoyant Program

**MEETS MONDAYS, 7-9PM**

**Back to Basics - April 12-19  
Kundalini - April 26-June 1**

\$235 a month. Taught by Mary Bell Nyman & Sydney Power.

For Info call **303-440-7171** or  
email **hello@psychichorizonscenter.org**

## 6-month Clairvoyant PHONE CLASS



**If you can't learn here in Boulder, learn from wherever you are!** These classes are fun and amazing! Read auras, past lives, access the Akashic Records, discover your own answers. Heal yourself and others without giving away your energies.

**Begins Monday, July 12**

5:30-6:30 MST | \$150 a month

Taught by Hope Hewetson.

Fun and convenient! When you are done, continue on with our phone graduate classes if you choose! Call 303-440-7171 or email [hello@psychichorizonscenter.org](mailto:hello@psychichorizonscenter.org)



### Learn to access your clairvoyance because you will be in:

**Kindergarten:** Kids are the best psychics! Play, be in joy and have fun! Be the magic. Heaven is right where you are. There's no place to "get to."

**Amusement:** We take everything so seriously! No matter what, you can be in a vibration of amusement and allow that which wants to sit in fear release out of your space.

**Neutrality:** All is neutral until you label it. Is your "label maker" in tune with Spirit or the lies?

Learn to use your clairvoyance and change your perspective forever! When you know you are an eternal spirit, you release the concept of loss, and you are free. Nothing stands between you and your divinity!

**SEE CLAIRVOYANT PROGRAM  
DESCRIPTION ON PAGE 4**

The whole picture of earth has to change. It may not happen overnight, but as we all wake up it is changing. It is so much closer than we can imagine.

Instead of doom and gloom around 2012 lets restructure our world. Let's work together and not at each other's throats. Lets find win/ win solutions. The American dream as we knew it is gone. Replace it with a vision where all people have their basic needs met. Hanging on to an old dream doesn't work. It's time to let go so we can begin again. Look at all the circumstances around you where people are letting go, and not always by choice! Once they do, they may find life gets easier and not harder as they imagined. Breathe. Let go of the old ways that no longer work. It is time to awaken. Namaste. ♡

Rev. Mary Bell Nyman is graduate director of the Psychic Horizons Center and has been teaching and reading for over thirty years. She teaches the six-month minister and teacher classes, teleclasses, graduate levels and one-to-one. Call Mary at 303-554-6465 or email her at marybellness@comcast.net for a reading or information.

A SPECIAL ENCORE  
OF A POPULAR CLASS!

*(Prerequisite: How to Heal Yourself)*

# You Are the Master



You are the master, you are the one who is shifting the course of the planet. Use energy work and your intuition to own your mind. Are you motivated into action by your truth or old fears? Move out energies that interfere with you using your spiritual wisdom in your life consciously, consistently and by choice. We look at many fun concepts in this class-it is challenging and fun!

Class meets for 3 months, beginning

**WEDNESDAY, APRIL 21-JULY 7,  
7-9PM**

Cost is \$ 150 a month

*Taught by Hope Hewetson*

## APRIL WORKSHOP

*Open to all*



# Mastering the Art of Grounding and Present Time

Whether these concepts are new to you or old hat, they are essential in freeing yourself from what ever suffering you perceive yourself to be in! Healing chronic pain, staying stuck in old grievances, difficulty in experiencing joy, or lack. These tools make it safe for you to open your heart and truly live life. Next month's workshop is the perfect follow up on this one...see below!

**SATURDAY, APRIL 10, NOON-4PM**

**\$50**

**Taught by Hope Hewetson**

Call **303-440-7171** or

email **hello@psychichorizonscenter.org**



## MAY WORKSHOP

*Open to all*

# Self Love 101

*"You can search the world over for someone who is more deserving of your love and affection than yourself, and that person is not to be found anywhere. You yourself, as much as anybody in the entire world, deserves your love and affection."*

- The Buddha

Release old concepts and energies that keep you in self-punishment patterns. Release old stories and create from a place of love and self-validation. You are worth it!

**SATURDAY MAY 8, NOON-4PM**

**\$50**

Taught by Hope Hewetson

Call **303-440-7171** or

email **hello@psychichorizonscenter.org**

John of God  
Thursday  
morning  
meditation

Meditate while tuning into the amazing healing energies of The Casa in Brazil, where John of God does his healings. Thursday mornings, 9am-10:30am. Free. Meg Lorio facilitates.

Way of Mastery  
Study Group

Purchase "The Way of Mastery" from www.shantichristo.com. Meet the third Friday of the month, April 16 (Chap. 4) and May 21 (Chap. 5), 6:30-8pm. Use meditation and energy tools to release lies that keep you in fear versus love. Free. Ongoing. 303-440-7171.

Boulder Creek  
Festival  
May 29, 30, 31

Join us at the Boulder Creek Festival for \$10 readings and \$1 healings! We will be there 10am-7pm each day. Thank you for your past support on all levels, whether you come by for a healing or to help out! See you then! We will be near the Boulder Public Library.

Contact us

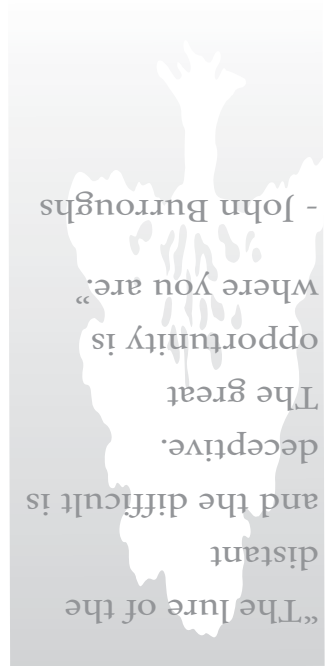
450 Ord Drive, Boulder, CO 80303  
Phone: 303-440-7171  
Email: hello@psychichorizonscenter.org  
Website: www.PsychicHorizonsCenter.org  
We are a nonprofit organization.  
Editor: Rt. Rev. Hope Hewetson

Creed of the Church of Inner Light

Psychic Horizons Center is a spiritual sanctuary where you can discover your own truths and obtain your spiritual freedom this lifetime. "What if a man gain the whole world and lose his own soul?" asks Jesus. To a mystic with eyes turned inward to infinity and cosmic consciousness, his words have great meaning. Obtaining a one-to-one contact between the cosmic and a living soul, which flames quietly, brings a lifetime of contentment and the realization that nothing in this world is worth exchanging for that attainment.

- from the Creed of the Church of Inner Light.

This newsletter is lovingly dedicated to Very Rt. Rev. Lewis Bostwick, founder, Church of Divine Man.



Change Service Requested

Church of Inner Light  
450 Ord Drive  
Boulder, CO 80303

Non-Profit  
Organization  
U.S. Postage  
PAID  
Boulder, CO  
Permit No. 766