



PSYCHIC HORIZONS CENTER

follow your own path

Volume 15, Number 2

www.PsychicHorizonsCenter.org

February - March 2010

Free Healing Clinics

*Tuesdays, 5:00-6:30, 450 Ord Drive, Boulder.

*Wednesdays, 11-1, Sunflower Market, 2525 Arapahoe, Boulder.

*Wednesdays, 6pm-7:15pm, Cafe Isabel, 6050 W. 92nd Ave., Westminster.

*Channeling followed by Trance Medium Healings, 6:30-8:30. \$10. Second Thursday of each month. 450 Ord Drive, Boulder.

Healings are first come, first served, and are 10-20 minutes in duration.

Call 303-440-7171 for more info.

Meditative Church Service Free Healing Clinic

Our nondenominational Church of Inner Light provides a space to renew your spiritual focus for the coming week. Join us at 10:30am the second Sunday of each month. Sunday School is also available. Healing clinic and pot luck follows.

Call 303-440-7171 for more information.



Founders and directors of Psychic Horizons Center and Church of Inner Light, Mary Bell Nyman (left) and Hope Hewetson.

A View of Hope

Bless more in 2010

This is a time of revelations. There are no more secrets. The Haiti earthquake reveals to the world, once again, the shame of fellow humans allowed to live in poverty and starvation.

The revelation Michael Jackson showed the world about secret drug addictions, and the people who help it to occur.

The revelation that someone will misuse and lie about your money, as an investor, a CEO or a credit card company.

The revelation that someone with talent, money, and a loving family could have an addiction that would take him outside of himself and the family unit to fill a void.

The revelation that there were no weapons of mass destruction, and a war was begun over family revenge and oil greed, resulting in the slaughter of soldiers and civilians. Still.

There is the revelation of genocides occurring planet-wide, right now. (Read "The Translator" by Daoud Hari.)

There are no secrets. What has been buried in the shadows is being revealed for healing, and some beings are in bodies this lifetime to volunteer to represent these secrets in a big way.

They are huge, in your face examples that we can't miss, in case you are missing the opportunity in your immediate life to forgive yourself or another in relationship to unfair business practices, a lying partner, a

secret addiction or someone having to lie in order to get their own way.

Why would a spirit would sign up for that role? Imagine being Tiger Woods. Before taking the body, he planned his magnificent path, including his fall from grace in the public eye. He knew he would take the hit from fans and angry women.

Tiger is resolving karma and learning new ways to be a spirit in a body. To find peace, he will have to forgive himself, and love himself in ways he couldn't possibly have imagined.

And so do we. The extent that we cannot see each of these people in love and forgiveness, reflects the lack of love and forgiveness we have for ourselves.

The insanity that we have created in bodies didn't come from the awareness of love and oneness and must be forgiven, and returned to innocence.

All situations that don't reflect love must be blessed with eyes free of the fear and judgment that created them. Anything that exists other than for the purpose of reflecting love and oneness is a lie. Your judgment feeds it. Stop feeding it. Look at it with innocence.

Forgive. Because when we can't forgive, we are saying that we can't accept the part of ourself that is the same as what we are judging. We are not at peace.

If it wasn't created from an awareness of the truth, that we are of Source, and all is love and oneness, it must be returned to love to be healed. By looking at the greed, hatred and fear on

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About Us

Located for 15 years in Boulder, we are a spiritual sanctuary for sensitive souls to safely access their wisdom and power within. Students learn how to see people for the soul essence of who they are. Students at Psychic Horizons Center become 24-hour psychics, walking in their power and helping the world to heal. ♡

Women's Grad Seminar Return of the Goddess

Graduate Women, you are welcome to attend any class that interests you!

February Topic: Your Personal Goals

March Topic: Being the Divine Feminine

Meets the first Saturday of the month, Saturdays
Feb. 6 and March 6. 10am-2pm.
Cost is \$75 amonth.

Taught by Hope Hewetson and other Goddesses.

Women's Healing Sanctuary

Women, this is for you! Drop in on the first Saturday of the month, 1-2, for a healing and/or reading. Renew and give to yourself! Offered Saturday Feb. 6, March 6. Free.

Gift Certificates

A reading, healing or a class is a wonderful gift to offer someone! We have gift certificates, as well as a selection of CDs featuring the basic tools we teach in simple meditation form. Offer a gift that heals a loved one as a spirit, forever!

Calling All Healers!

I am looking for our top healers!

I am especially interested in Trance Medium and One to One graduates and participants. Heaven only knows where it will take us! Let's use our talents and be the bridge the masters can use. They don't have bodies and we do! Love your body and appreciate all it can do. Join me please.

Look at your life. Where can you make a difference? Listen to the calling of your heart. I discovered 30 years ago it wasn't about making money, but living your life's passion that makes life worth living.

There isn't time to waste thinking. It's time to do it and let the Universe support you. You can make a difference. Stand up and shine! We will meet the first Friday of each month. Free.

Our first session is Friday, February 5, 7-8:30pm.

Hope to see you! Namaste! Mary Bell

Words to Grow by

Stand up and shine!

I feel moved to dedicate my article to someone special. This one is for Eric, my husband's son. He is an environmental engineer in Panama, developing ways to keep raw sewage out of the ocean as well as providing clean drinking water. He is the kind of man you want to know; with a great sense of humor, adventurous, and his word means everything.

Eric chooses to do the right things in life because that is what should be done. He works hard, doesn't make a lot of money, but has the immense satisfaction of having made a difference in the world.

The locals and business contractors know this about him, and the fact he won't budge if the work screws the people of Panama. This certainly has been a threat to some people looking to exploit the country.

I have always liked Eric and have enjoyed getting to know him more over the years. When the earthquake dust settled in Haiti, we discovered his fiancé was missing. She had gone to Haiti to help find ways of improving tourist trade to help the Haitians bring desperately needed funds to the starving people. She was just like Eric. A lively French woman, with a flair for living and bringing out the goodness in people.

It seemed unbelievable she would be lost. Eric has left on his trip to Haiti to help the people there. It is just what he does. He has the knowledge and life experience to bring order out of chaos. Also, he must lay to rest his loved one, even if symbolically.

There are many heros like Eric who inspire us to rise up and make a difference—not because of money or

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Readings and Healings

TITLE	DESCRIPTION	TIMES	COST
1-Hour Psychic Readings	In an undergraduate reading, learn about past lives and receive communication on the seven layers of your aura. Undergraduate readers are currently in a one-year clairvoyant training program.	Undergraduate Wed: 7 pm Tues/Sat: 10	\$35
	In a graduate reading, bring a specific question or issue on which you would like communication. Graduate readers have been reading for a year or more. Call 303-440-7171 to schedule.	Graduate Thurs: 4:30 pm Tues. & Sat: 10 am	\$50
Long-Distance Readings	Long-distance readings are available from our graduate students. We will tape the reading and send it to you. Call 303-440-7171 or email us with your request at hello@psychichorizonscenter.org.		\$50
House or Business Healings	A team of house healers will come to your house and communicate with any spirits and move out foreign energies. This allows you to have your own energy in your home. This makes it more fun to live in or easier to sell. In a business healing, healers will clear your business space to promote its success and flow. Call 303-440-7171 to schedule.		House & Business healings: \$50 at Center, \$100 on site
Pet Readings	Receive communication and a healing for your pet. Call 303-440-7171 to schedule.	By Appt.	\$35
Free Healing Clinics	Free healings and readings at Sunflower Farmers Market, 2525 Arapaho in Boulder, 11am-1pm every Wednesday. Free healing clinic Tuesdays, 5-6:30pm. 450 Ord Drive in East Boulder. Free healing clinic Wednesdays, 6-7:15pm at the Cafe Isabel in Westminster, 6050 W. 92nd Ave., 80030. Call Hope, 303-530-0232 for Westminster information.		
Masters Level Healing	Graduate level spiritual healings and readings help you see what you are learning and make a shift. Call 303-440-7171 to schedule.	Thurs: 4:30 pm	\$50
	Trance Medium Healings offered the 2nd Thursday of the month.	2nd Thurs: 6:30pm	\$10
Professional Readings	Available from our directors. Mary Bell Nyman, 303-554-6465 or Hope Hewetson, 303-530-0232.		\$125 per hour

Beginning Classes (Prerequisite: you are excited to evolve!)

All beginning level classes meet once a week for 6 weeks. See start dates below. The cost for a 6-week class is \$200.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
How to Heal Yourself	Take charge of your life and manage your career, family and relationships by learning simple energy tools. These tools put you on the path of developing your psychic abilities and recognizing your own energies. Taught by Terri Todd.	Tues: 7-9 pm	Tues. Feb. 23
			Tues. April 6
1-Day How to Heal Yourself	Learn the tools of the How to Heal Yourself class in this one-day format. \$150. Taught by Lynn Swearingen.	Sat: 10 am - 4 pm	Sat. Feb. 13 Sat. March 13

Advanced Classes (Prerequisite: How to Heal Yourself class)

Clairvoyant Program meets for 12 months. Spiritual Healing program meets for 6 months. Cost: \$235 per month.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
Clairvoyant Program	Learn simple yet powerful tools to increase your intuitive awareness and sharpen your psychic abilities. Attract the job and relationships you desire. Go within to discover your own answers. Access your Akashic records, read past lives and clear auras. Heal yourself and others without giving away your energies. Meets twice a week. Also available in a weekend format. Taught by Hope Hewetson, Rachel Mudd, and Mary Bell Nyman.	Wed.: 7-9 pm for 5 weeks then you attend on Monday evenings.	Wed. Feb. 24 and Wed. April 7
Spiritual Healing Program	Maintain and heal your space while helping others. Learn to distinguish energies and not give energy away to your clients. We will look at illness, Etheric bodies, soul retrieval, sound healing, past life influences and more. Meets twice a week for six months. Taught by Hope Hewetson.	Tues: 7-9 pm and you will do a healing once a week	In session
Animal Communication	This 4-month class will teach you to heal and communicate with the animal kingdom. Read chakras, etheric bodies, past lives and more. Look at the agreements between pets and their owners and see what they are learning.	Tues: 7-9 pm and Wed: 7-9 pm	Tuesday March 2, 2010

Graduate Classes (Prerequisite: 6 months or one year of clairvoyant program)

Class meets once a week. Student also reads during a designated graduate reading time: Thursdays 4:30 pm or Tuesday or Saturday mornings, 10 am.

COURSE TITLE	CLASS DESCRIPTION	CLASS TIMES	START DATES
Peeling the Onion	Your Own Birth begins Monday, March 15 and meets for 4 weeks. The next telephone class starts in May, see page 6. Taught by Mary Bell Nyman and Sydney Power.	Mon. 7-9pm	Monday, March 15
Women's Graduate Program	This class is for women who want to master their female creative energy and divinity and help the planet take a step! Meets the first Saturday of the month for 6 months. \$75 a month. Drop ins welcome! Taught by Hope Hewetson.	Sat.: 10-2	Sat. Feb. 6. March 6
Men's Graduate Program	Clear competition and family energies out of your space and better understand the mysterious female energies! Have more of your own awareness for creating your life, career, relationships and more. 6 months. Taught by Brian Hall.	Mon: 7-9 pm	TBA
Minister in Training	Create your own ministry for healing and serving others. Learn to do ceremonies and participate in our church services. Be grounded in trauma and counseling situations. Fulfills state requirements. 6 months. Taught by Mary Bell Nyman.	Mon: 7-9 pm	In session
Teacher in Training	Own your teaching space and be a teaching assistant in our classes at the center. Learn how to help people find their spiritual freedom and answers. Heal your past notions of teaching and learning. 4 months. Taught by Mary Bell Nyman.	Tues: 7-9 pm	TBA

Classes on the Phone: only \$100 a month

open to all

Phone classes allow you to make changes in your life wherever you are! All classes are held on the phone for one hour.

Each 4-week class is \$100. They meet Wednesdays, at 6pm MST.

All classes are available on cd for an extra fee.

Please call 303-440-7171 or see the website to find out more:
www.PsychicHorizonsCenter.org

Healing Loneliness: Feb. 3-24

Past Lives: March 3-24

Moods and Emotions: April 7-28

Taught by Brijanna Carbone.

From home on your phone!

One-to-One Students:

Living Heaven on Earth Series

(students and graduates of One-to-One only)

Focus on bringing your one-to-one space into your daily life.

Saturday, February 13 - ***Promoting Health on a Cellular Level***

Saturday, March 13 - ***From Judgment to Curiosity. Release automatic judgments!***

Saturday, April 10 - ***Owning Your Celebration Space. Clean out your havingness for celebration!***

2nd Saturday of each month, 10-11 am MDT.
Cost is \$30 per class, \$35 with a CD.

A View of Hope *continued from page 1*

the planet with love, it is transformed. Bless it.

Look at it as if you don't know anything about it because it was created from a mind that believed in separation and hate. By saying you don't know what it's for, you are releasing power from it and you aren't supporting that there is any reason for it to exist. Again, anything that exists other than for the purpose of reflecting love and oneness is a lie. Stop feeding it.

Are you willing, in this moment, to look at something in your life that you perceive as unforgiveable, and bless it with love? Stop arguing for or against it. Bless it. You will not be free of that which you hold against yourself until you bless it and forgive it.

What ever the issue, ailment or person is, release the argument in the head and breathe and meditate and

say hello to your heart. Decide that whatever is so awful, was created from a confused mind that didn't reflect the love and oneness of God. The mind was caught in the illusion of lack and hate.

As you love and forgive, the reason for the existence of anything birthed from fear lessens and disappears.


The ego does not like this process. There are things in your life right now that your ego thinks it can't or won't forgive. It may equate forgiveness with condoning. This is where classes, energy tools and a strong spiritual path serves its purpose. They help the ego and body personality release the lies and programming so that the real you, you who are an eternal soul of love and light, can evolve.

Bless and bring love to the voice in your head that argues against love and forgiveness. Again, it was not born from an awareness that knew the truth—that we are all one. We are

all one, so what we judge and do to another we do to ourselves.

Innocence is the beginning, and we start a new cycle in this new year. Look anew. Look at your self with new eyes. What are you judging in yourself? In another? The ability to bless and heal creation arises in your mind right now. Divinity is flowing through you now, waiting to be directed by you, and thus creating your reality. Bless and forgive more, if nothing else, in 2010.

Join us for a class, church, or a free healing to help support you in your evolution as a spirit. Let's create more revelations born from love and kindness!

"If we have no peace, it is because we have forgotten that we belong to each other." Mother Teresa 

Rev. Hope Hewetson is director of Psychic Horizons Center. Contact Hope for a reading or healing at 303-530-0232 or revhopi@gmail.com.

A Brand New Class!

(Prerequisite: How to Heal Yourself)

Your Journey as a Soul

Look at your energy preconception, your journey into the womb, and clear and own your process of awakening this lifetime all the way to present time. Every moment you have ever experienced is available for you to see and heal. Find where you have let the lie of separation keep you in fear, because this is where you are not being the love and light that you truly are. Have more of your joy and ease as humanity creates its future together. Be the change you want to see.

Class meets for 8 weeks, beginning Wednesday, February 17, 7-9pm.

Taught by Mary Bell Nyman and Hope Hewetson.

Cost is \$150 a month.

February Workshop

(Open to all)

Creating and Healing Relationships

Relationships definitely trigger king-pin issues that allow us to heal and grow! Have your space in relationships, communicate better, feel loved, and don't take it all so seriously!

Saturday, Feb. 13, noon-4pm
Taught by Hope Hewetson.

\$50

Call 303-440-7171.

Animal Healing and Communication Program

See class description on page 4.
Begins Tuesday, March 2!

Words to Grow by continued from page 2

fame, but because it is the decent and right thing to do.

Look at your life. Where can you make a difference? Listen to the calling of your heart.

I discovered 30 years ago, it wasn't about making money. It's living your life's passion that makes life worth living. There isn't time to waste thinking about it. It is time to do and take action and trust the Universe to find a way of supporting you. The old adages are gone, it is time to stand up and help heal our planet. You can make a difference. Be an Eric. Stand up and shine.

In loving memory of Chrystel. Namaste. ♡

Rev. Mary Bell Nyman is graduate director of the Psychic Horizons Center and has been teaching and reading for over thirty years. She teaches the six-month minister and teacher classes, teleclasses, graduate levels and one-to-one. Call Mary at 303-554-6465 or email her at marybellness@comcast.net for a reading or information.

March Workshop

Open to all

Making Friends with Death

Learn how to help someone die. Learn how to help spirits in mass transition such as the one in Haiti. Be comfortable with death and change in your own life! The more you heal this space, the more permission you have to live!

Saturday March 13, noon-4pm

\$50

Taught by Hope Hewetson

John of God Thursday morning meditation

Meditate while tuning into the amazing healing energies of The Casa in Brazil, where John of God does his healings. Thursday mornings, 9am-10:30am. Free. Meg Lorio facilitates.

Way of Mastery Study Group

Purchase "The Way of Mastery" from www.shantichristo.com. Meet the third Friday of the month, Feb. 19 (Chap. 2) and March 19 (Chap. 3), 6:30-8pm. Use meditation and energy tools to release lies that keep you in fear versus love. Free. Ongoing. 303-440-7171.

Love Yourself, people!

Appreciate your life. Love one another. Bless all. Thanks for being here!

Contact us

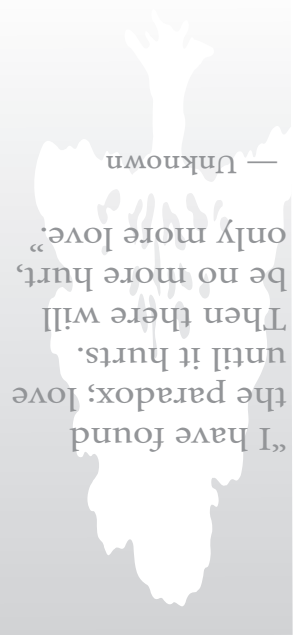
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We are a nonprofit organization.
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Creed of the Church of Inner Light

Psychic Horizons Center is a spiritual sanctuary where you can discover your own truths and obtain your spiritual freedom this lifetime. "What if a man gain the whole world and lose his own soul?" asks Jesus. To a mystic with eyes turned inward to infinity and cosmic consciousness, his words have great meaning. Obtaining a one-to-one contact between the cosmic and a living soul, which flames quietly, brings a lifetime of contentment and the realization that nothing in this world is worth exchanging for that attainment.

- from the Creed of the Church of Inner Light.

This newsletter is lovingly dedicated to Very Rt. Rev. Lewis Bostwick, founder, Church of Divine Man.



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